

Extraordinarily “Normal”: An Invitation to Discuss Breaking Free from the Limits of Diagnostic Labels Extraordinariamente “Normal”: Una Invitación para Conversar sobre Liberarnos de los Límites de las Etiquetas Diagnósticas

06/06/2021 12:30 pm to 2:30 pm EST 2 hrs.

Susan Swim and Monica Sesma-Vazquez NISAP - Now I See A Person / ICCP Executive Director

Participants will engage in rich dialogues to examine the differences between talking about “mental health” labels vs. involving the community and seeing clients as persons in therapeutic practices.

Los participantes reflexionarán sobre las diferencias entre hablar sobre etiquetas de "salud mental" vs. involucrar a la comunidad y ver a los clientes como personas en las prácticas terapéuticas.

25 participants

What happens when people seeking support are viewed as normal humans who are going through difficult times and when we genuinely care and invest time to attempt to understand and invite others within a person’s community to join in the acknowledgment of a person’s strengths and capacity to heal? Rich dialogues to address the differences between “mental health” labels and being seen as a person, how to invite a client’s community which is often imperative to change, and to be able together create sustainable change when the client, their family and treatment team have lost all hope.

Bilingual English / Spanish