

Collaborative- dialogic Practices: Bridging the Gap to black communities

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A workshop that focuses on the history of racism in America and ways that systemic racism and generational trauma affects the black community.

The Black Community has a deep history of reasons of why not to trust the mental health profession or the healthcare field. Join our workshop to learn more about that history and how it might show up in the therapy space. Utilizing Collaborative Practices is a beautiful way of being with Clients that foster trust and relationship in the session and dismantles the further trauma of pathologizing the Black Experience.